



Clinical Exercise Physiology

Postgraduate Courses 2024



Faculty of Health

Why study Clinical Exercise Physiology at UTS?

Join Australia's fastest-growing allied health profession with a world-class clinical exercise physiology degree



PRACTICAL HANDS-ON LEARNING

UTS is known for its commitment to practice-based learning, and our clinical exercise physiology degree is no different. You'll engage with in-class simulations and extensive clinical placements that include opportunities to practice in our student-lead UTS Exercise Physiology Clinic. By the end of your studies, you'll have the competence – and confidence – to translate theoretical learning into meaningful clinical action.



CONNECTIONS THAT COUNT

When you study with us, you won't just gain the theoretical and practical expertise you need to get ahead – you'll build the industry connections too. With 360 clinical placement hours embedded into the course, you'll gain exposure to a variety of real-world environments where you can start developing the professional networks that could transform your future career.



LEARN FROM THE LEADERS

As a student of this degree, you'll join a small, supportive cohort and benefit from the interdisciplinary expertise of our world-class teaching team. They are leaders of national and international exercise physiology clinical and research programs, and clinical experts across a range of disciplines – and they'll embed real-world examples of their own clinical practice at the heart everything you learn.



RECOGNISED BY INDUSTRY

The UTS Master of Clinical Exercise Physiology has received qualifying accreditation by Exercise and Sports Science Australia (ESSA), the sole accrediting organisation for clinical exercise physiologists in Australia. When you graduate, you'll be ready to work as an Accredited Exercise Physiologist (AEP) and to deliver services under Medicare and other schemes that provide compensation for professional health care.



STUDY WHERE HEALTH CARE HAPPENS

Immerse yourself in the professional research laboratories, our UTS Exercise Physiology Clinic, strength and conditioning environments, and activity-based workspaces of our Moore Park facility. It's part of a health and high-performance precinct that sits alongside the world-famous Sydney Cricket Ground, and it also boasts extensive connections with the hospitals and health services that will support your practical learning.



“With 1 in 2 Australians having at least one chronic health condition, there is a critical need for clinical exercise physiologists to help prevent, reduce, and reverse the burden of chronic disease through prescribed exercise.”

Associate Professor Nicolas Hart
Course Director,
Master of Clinical Exercise Physiology

What will you study?

Master of Clinical Exercise Physiology

Core Subjects (72 credit points)

94911
Person-Centred Care and Self Management
6cp

94912
Clinical Exercise Medicine: Principles and Practices
6cp
Autumn

94913
Musculoskeletal and Occupational Conditions
6cp
Autumn

94914
Neurological and Mental Health Conditions
6cp
Autumn

94921
Cardiopulmonary and Respiratory Conditions
6cp
Autumn

94922
Metabolic and Renal Conditions
6cp
Autumn

94923
Oncology and Haematology Conditions
6cp
Autumn

94924
Clinical Exercise Physiology Placement 1
6cp
Autumn

94931
Professional and Interprofessional Practice
6cp
Autumn

94932
Complex Cases and Clinical Care
6cp
Autumn

94933
Clinical Exercise Physiology Placement 2
6cp
Autumn

94934
Clinical Exercise Physiology Placement 3
6cp
Autumn

For full subject descriptions, visit the UTS handbook online.

handbook.uts.edu.au/health/pg

One degree. More than one qualification.

When you complete the Master of Clinical Exercise Physiology, you'll also graduate with four micro-credentials:

- Mental Health First Aid Training and Accreditation
- Indigenous Cultural Capability Training in Health
- Good Clinical Practice and
- Senior First Aid with CPR.

These qualifications will verify the breadth and depth of your expertise, giving you a competitive edge in the job market.



Completion of this degree as prescribed will lead to becoming an Accredited Exercise Physiologist (AEP) with Exercise and Sports Science Australia (ESSA).

Key information

COURSE CODES

C04449 **Master of Clinical Exercise Physiology**

INTAKES

Autumn

DURATION

1.5 years full-time or part-time equivalent

TEACHING MODE

Online and On-Campus with Work-Integrated Learning placements in every session (internal and external).

ADMISSION REQUIREMENTS

Completion of an Exercise Science degree accredited by Exercise and Sports Science Australia (ESSA).

For students who have exercise and sports science degrees that are not accredited by ESSA, you may still be eligible, though will need to apply for a Graduate Entry Assessment from ESSA.

Students who are currently Accredited Exercise Scientists (AES) with ESSA are automatically eligible to enrol in this MCEP course.

GPA of 5.0 or above (out of 7.0).

Students with a GPA of 4.5 to 4.99 may still be considered and will be asked to submit their professional Curriculum Vitae and a personal Statement to the Course Director.

Overall IELTS: 6.5 overall with a writing score of 6.0

Commonwealth Supported Place: Yes (limited places, merit-based)

Fees can be found online at fees.uts.edu.au

RESEARCH WITH IMPACT

Are you an aspiring researcher?

The Faculty of Health at UTS is home to the Human Performance Research Centre (HPRC). HPRC is a collaborative, transdisciplinary research centre with world-leading researchers in the areas of sport, exercise science and human performance.

As a doctoral student, you will be part of a community of world-leading researchers involved in research areas such as training sciences, talent and expertise in human movement, sports medicine and rehabilitation, sport and exercise in health, sport technology and sport education and coaching.

More info: hprc.uts.edu.au

Doctor of Philosophy (PhD): Sport and Exercise

Course code: C02057

Information on undertaking a PhD can be found online at: uts.edu.au/course/c02057

Master of Sport and Exercise (Research)

Course code: C03055

Information on undertaking a Master's degree by research can be found online at: uts.edu.au/course/C03055

Graduate attributes

Theoretical expertise and practical skills are essential components of a health career. But at UTS, we offer a little something extra. All of our courses are underpinned by a series of graduate attributes that prepare you for the complexity and challenges of life beyond university. These attributes guide our teaching, learning and assessment practices, so they are at the heart of everything we do. Better yet, we have worked closely with our industry partners to develop these attributes, so we know that they are important to your future employers too.

UTS graduates:



Lifelong Learner

Engage with ongoing personal and professional self-development and reflective practice, in addition to developing ongoing interprofessional, innovative and collaborative practice.



Professional Competence

Adapt knowledge and skills to optimise health outcomes across a broad range of face-to-face and digital services; Integrate strategies and principles to safely prescribe, implement and evaluate effective interventions for clients across the health spectrum; Apply evidence-informed practice to optimise person-centred care; Communicate effectively and respectfully with clients and other professionals.



Ethical and Inclusive Global Citizen

Are ethical and responsible professionals who value diversity and demonstrate professional leadership, through practising in a safe, respectful and inclusive way that is responsive to people of diverse backgrounds and populations.



Indigenous Cultural Respect

Demonstrate and apply knowledge and skills to work for, and with, Indigenous Australians in the context of Clinical Exercise Physiology, inclusive of clients, professional colleagues and interprofessional networks.

Where to from here?

If you're looking for a clinical career that puts movement at the heart of human health, welcome to the UTS Master of Clinical Exercise Physiology. This leading degree will prepare you to transform quality-of-life and improve outcomes for people with chronic conditions.

You will graduate ready to work in a variety of settings, but you'll have a particular focus on supporting priority populations facing high levels of chronic health risk. These include people living with cancer, cardiovascular disease, mental ill health, intellectual and physical disabilities and workplace injury, among others.

You'll also work with people experiencing significant health disparities, including Aboriginal and Torres Strait Islander people; people from culturally and linguistically diverse populations; and people living in rural, regional and remote Australia.

10% Alumni Advantage

How to apply

LOCAL APPLICANTS

Submit your application for postgraduate coursework online.

[🔗 uts.edu.au/pg-apply](https://uts.edu.au/pg-apply)

INTERNATIONAL APPLICANTS

Apply directly through UTS International.

[🔗 international.uts.edu.au](https://international.uts.edu.au)

Research

Visit uts.ac/apply-for-research or email grs@uts.edu.au to find out more about the research application process and apply.

Connect with us



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For advice or information

Go to ask.uts.edu.au

Call **1300 ASK UTS**

Info Sessions

Register for an upcoming Postgraduate Information Session to receive academic and career advice.

[🔗 uts.edu.au/health](https://uts.edu.au/health)

FIND OUT MORE

For full subject descriptions and more information, visit the UTS website.

[🔗 health.uts.edu.au/future](https://health.uts.edu.au/future)

[🔗 handbook.uts.edu.au/health/pg](https://handbook.uts.edu.au/health/pg)

Disclaimer: Information is correct at time of printing (April 2023) and is subject to change without notice. The information in this brochure is provided for AUS & NZ citizens and AUS permanent residents. If you are an international student, contact UTS International.

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