



UTS EXERCISE PHYSIOLOGY CLINIC

Clinic Privacy Notice

The Exercise Physiology Clinic of the University of Technology Sydney (UTS) (referred to as “the Clinic”, “we”, or “us”), is a not-for-profit teaching, learning, and research clinic that provides high-quality services to the community. The Clinic provides professional placements for students undertaking the UTS Master of Clinical Exercise Physiology degree in the Faculty of Health, to gain experience in the assessment, prescription, and delivery of exercise to clients for the treatment or management of a clinical condition or injury.

COLLECTING INFORMATION

Your personal and health information will be collected when you lodge an expression of interest, make an appointment, and become a client of the Clinic. We are collecting the following information:

- Your name and contact details.
- Responses to the Adult Pre-Exercise Screening System (APSS)
- Responses to guided questions about your past and current health and any related issues, your exercise goals, availability, facilities around you, and potential exercise likes or dislikes. In some cases, a medical clearance from your General Practitioner or specialist may be required before you are able to participate in the program.
- Outcome data from your subjective and objective clinical assessments, and your exercise plan and prescription, including what you do complete in your exercise sessions with us.
- Feedback about the program.

Collecting your information is necessary for our Master of Clinical Exercise Physiology students to perform appropriate exercise assessments, prescription, and delivery. Collecting this information about you is required for the purposes of your participation as a client in the Clinic.

In addition to providing support to you as a client, we will retain this information for research purposes to help advance the field of clinical exercise physiology practice. We will collect your consent for your information to be included for this purpose, and you can change your consent at any time by contacting us.

USING INFORMATION

Your information will be used:

- To communicate with you, including arranging and managing your appointments.
- To develop an exercise program for you to improve your overall health and wellbeing, as well as treat or manage your clinical condition or injury.
- To assess the program effectiveness for subsequent professional placement activities where relevant.
- To investigate or manage adverse incidents, legal claims, or complaints if they arise.
- For quality improvement and planning purposes, including for this activity, or broader and strategic planning.
- To undertake research activities using collected de-identified data and information, which you may opt-out from including your data for this purpose at any time.

For clinical and education purposes, your information will be accessible to UTS Master of Clinical Exercise Physiology students and their supervisors, and may be accessible to teaching staff and Clinic administrative staff when necessary. For research purposes, your de-identified information may be accessible to Honours, Masters, or Doctoral students and their supervisors, or research academics in the Human Performance Research Centre and School of Sport, Exercise and Rehabilitation, following their acquisition of ethics approval by UTS Human Research Ethics Committee (HREC).

DISCLOSING INFORMATION

Your information will only be disclosed with your written consent, unless:

- It is subpoenaed by a court of law,
- It is necessary to investigate and/or manage adverse incidents, legal claims or complaints,
- Failure to disclose information would place you or another person at risk, or
- Such information is legally required to be reported, or otherwise required or permitted by law.

STORAGE AND RETENTION OF YOUR INFORMATION

Client files and other material are held in a secure electronic format and retained to support you as a client of the Clinic, and to document the services provided. Your client file will be kept for 7 years from your last contact and at the end of each subject requirement for clinical and education purposes in accordance with our legal retention obligations.

If you have consented to your de-identified information being available for research purposes (i.e., data that does not identify you) this information will be stored securely for the life of the Clinic, or until retention obligations that apply to research data have expired.

VIDEO CONFERENCING

The Clinic uses 'Coviu' videoconferencing platform for providing telehealth services. Coviu is used by the Clinic due to its high level of security and healthcare features. It has strong default encryption, strong authentication and authorisation settings, Australian-based server location, and it does not store or retain data from sessions.

YOUR RIGHTS

You have the right to request access to your information and to request inaccurate information be corrected or updated. To request access to your information or to update or correct your information, contact the Clinic directly.

If you wish to withdraw from the program at any time, including the withdrawal of your information for research purposes (i.e., opt-out), please contact the Clinic Coordinator.

If you have any concerns about the management of your personal information, please inform the Clinic Coordinator. Further information on making a privacy complaint is also available on the UTS website's [privacy complaints](#) page.

OUR CONTACTS

If you have any questions about this notice and how your information will be managed or to make any requests relating to the rights referred to above, please contact the Clinic directly:

- via email clinicalexercise@uts.edu.au or
- via phone on number 02 9514 5211 Monday to Friday 9:00am to 5:00pm.

FURTHER INFORMATION

You can find more information about how the Clinic operates by reading our Clinic Information Sheet.

For further information about privacy and the university's privacy contacts, see [privacy at UTS, and our Privacy Policy](#).