

# Human Performance Symposium:

Towards evidence-based practice in high performance sport

Registration		
9:00	Welcome	Professor Fiona Brooks (Acting Dean, UTS)  Professor Aaron Coutts (UTS)
	Searching for the Holy Grail: developing evidence-based practice in elite soccer	Dr Alan McCall (Arsenal Football Club)
	Research partnerships in professional sport: Lessons learned from the UTS/Sydney Swans partnership	A/Prof Mark Watsford (UTS)
10.20	Break	
10:45	Advanced Programming Strategies in International Rugby Union Sevens	Nick Poulos (Rugby Australia)
	Sneaky science: tips and tricks in preparing endurance athletes for the Olympics	Dr Katie Slattery Senior Sport Scientist – (NSWIS)
	Creating a Performance Culture: Where does science fit into this?	Andrew Clark (Sydney FC)
12.45	Lunch	
1:45	Optimising athlete recovery: current controversies and future opportunities	Dr Shona Halson (AIS)
	Putting the ‘i’ back in team: using athlete monitoring to individualise athlete preparation in a team setting	Professor Aaron Coutts (UTS)
3.15	Break	
3:35	Keeping your eye on the ball: A practical guide to assessing and developing perceptual expertise	Dr Job Fransen (UTS)
	How to save soccer players from cardiac events at the FIFA World Cup (and other events)	Professor Tim Meyer (German National Football Team)
	Preparing for any Given Sunday: insights into delivering evidence-based practice in professional American Football	Dr Hugh Fullagar (UTS)
5:15	Summary & Take Home	Professor Aaron Coutts (UTS)